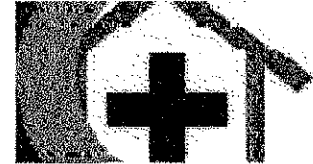




Heal Yourself At Home

DIY SOLUTIONS FOR YOUR HEALTH

~~~~~ Please read disclaimer at foot of page. NOTHING for sale on this site ~~~~~



### HOME PAGE

### WHY THE HEALTH PROBLEMS

### HOW TO RESTORE HEALTH

#### (1) Clean Body's Cleaning Organs

#### (2) NEWSTARTS

-- "N" = Nutrition

-- "E" = Exercise

-- "W" = Water

-- "S" = Sunlight

-- "T" = Thoughts

-- "A" = Air (Oxygen)

-- "R" = Rest

-- "T" = Trust in God

-- "S" = Sex

#### (3) Therapies Chart

### HEALTH PROBLEMS

### SUPPORTING INFORMATION

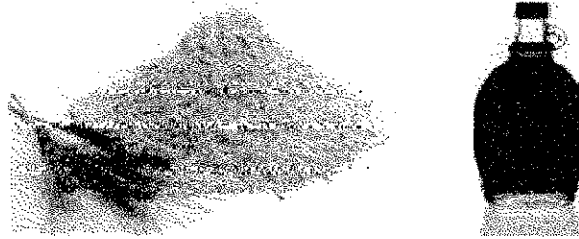
- The Human Cell 101
- Cellular Respiration
- Acid /Alkaline Balance
- Oxidant /Antioxidant Balance
- Inflammation Information
- Hormones 101
- Neurotransmitters
- The Body Electric
- Bible References to Health
- Toxic Heavy Metals
- Microbes in Health and Disease

## 1 2 3 CANCER PLAN

### (2) Eliminate Cancer Cells

## Baking Soda + Maple Syrup against Cancer

("The Kelmun Protocol")



Sodium bicarbonate belongs in every protocol against cancer

*Cancer is fundamentally a relatively simple oxygen deficiency disease and the use of bicarbonate increases oxygen carrying and holding capacity*

- ◆ Even though bicarbonate may or may not cause cancer cell death, it is certainly a deterrent to cancer development and will "buy time" for slower therapies to work:
- Cancer tissues are significantly more acidic than normal tissues - acidic tissues are low in oxygen. When alkalinity increases the supply of oxygen to the cancerous tissue, the oxygen combines with the excessive hydrogen ions, creating water and neutralizing the acid.
- For more than a decade the University of Arizona has been using bicarbonate as a potential treatment for cancer - Researchers have investigated the very reasonable assumption that increased systemic concentrations of pH buffers would lead to reduced intra-tumoral and peri-tumoral acidosis and, as a result, **inhibit malignant growth**. These researchers found that consequent reduction of tumor acid concentrations significantly reduces tumor growth and invasion without altering the pH of blood or normal tissues.

### How to make and Take Sodium bicarbonate/Maple Syrup Recipe

- ◆ 100% maple syrup (Grade B or dark Grade A) in pyrex, stainless, or

### HEALTH PROBLEM TREATMENT CHARTS

#### SYSTEMIC (Internal) HEALTH

SKIN, HAIR, NAILS etc  
(External)

ORAL / DENTAL

EAR / NOSE /THROAT /EYES

FEMALE-RELATED

PETS

### CANCER Related Links

### WHAT IS CANCER?

#### CANCER

- What is Cancer?
- Scans - Which Give "True Picture" of Health?
- Baking Soda Protects Kidneys from Radiological / Chemotherapy damage

### WHY DOES A CELL

### BECOME CANCEROUS?

#### Why Does a Cell turn

- Microbial theory of Cancer
- Cancer-Infected Injuries?
- Pleomorphism Evidence

### CANCER TREATMENTS

### 1-2-3 CANCER PLAN

#### 1-2-3 CANCER PLAN (Most Successful)

- Daily Schedule for Cancer or other serious health condition

### (1) CANCER NOT ALLOWED!

#### CANCER TREATMENT CORE

#### CANCER TREATMENT CORE CHART

- Detoxification for Cancer
- The Cancer Diet
- Peace, Be Still Therapy
- Bath Cellular Solution
- BUDWIG PROTOCOL
- Baking Soda + Maple

copper cookware (**Do NOT use aluminum pot/pan**); (Since there are 3 teaspoons in 1 tablespoon, the ratio used is 1 part baking soda to 3 parts maple syrup)

E.g. Mix 4 teaspoons Baking Soda with 4 Tablespoons maple syrup (this should last about a week taking 1 tsp. twice a day)

- Stir briskly over LOW heat (at around 120°F) for 5-10 minutes
- Do not refrigerate or make more than needed for a week - to prevent separation of ingredients;
- Take 1 tsp of mixture 1-3 times (no more than 3 times) per day for that you find comfortable whether 1, 2 or 3 teaspoons:
  - Do not take mixture too close to mealtimes - since you need stomach acid to digest your food
- Test pH of saliva or urine to ensure you are not over-alkalizing your body
  - First get a baseline saliva or urine pH reading - test using pH strips first thing in the morning after waking for 3 days.

Acidic pH < pH 6.8 - 7.0 is Neutral < Alkaline pH

- If your pH reading is <7.5 you can take BS / MS mixture
- Test pH in the morning / noon / evening and continue treatment until pH creates a less friendly environment for pathogens, cancer and other diseases, but a too alkaline environment is not conducive to health either. Choose alkalizing dietary elements to naturally maintain an ideal pH, such as green vegetables and lemon juice (although acidic itself, a lemon is rich in alkalizing minerals)
- Morning therapy, evening therapy - to free up pancreatic enzymes for breaking down fibrin coating on cancer cells, which makes it easier for immune system to cells to consume only your "deadly" maple syrup concoction, achieved by not providing them with other carbs).

#### CANCER NOT ALLOWED! - The Cancer Diet

There is a reason for this: cancer feeds on sugar. So, to make sure you are cancer-free?

- Cancer "loves" sugar - and mixing and heating alkaline bicarbonate of soda (BS) with sugar-rich maple syrup, binds the two together such that the maple syrup targets the sugar hungry cancer cells (which consume 15x more glucose than normal cells), and thus "sneakily" also carries the baking soda into the cells, as if inside a proverbial maple syrup " Trojan horse".
- The alkalinity of the baking soda kills



- (i) Kills the cancer microbe (or reverts it to its hibernation form)

- Systemic Proteolytic Enzymes "DeCloak" Cancer Cells
- Iodine against cancer
- Magnesium against cancer
- Vitamin D against cancer

#### (3) ELIMINATE CANCER CELLS

##### TREATMENT CHOICES

- (1) Protect and Nourish Healthy Cells
  - (2) Remove Cancer Cells
  - (3) Prevent Metastasis
- Herxheimer Reaction - How to Minimize its Effects

#### STAGE IV TREATMENTS

Are you considered to have Stage IV Cancer?

- BRANDT GRAPE PROTOCOL (or CARROT/BEET JUICE PROTOCOL)

#### ELIMINATE CANCER CELLS

- DMSO PROTOCOL
- Hydrazine Sulfate (chemotherapy)
- LAETRIE by IV
- TONY ISAACS OF FANDER
- OZONE RHP
- RIFE RESONANCE CANCER PROTOCOL

SUPPLEMENTAL STAGE IV or NON-ADVANCED CANCER TREATMENTS

- Asparagus
- Baking Soda + Maple
- Bill Henderson Protocol
- Bone metastases Prevention (Clodronate)
- Graviola or Paw Paw Protocol
- DO NOT USE WITH ANY OTHER ALTERNATIVE TREATMENT WITH CHEMOTHERAPY
- IF I (chemotherapy adjunct)

inside the cancer cell, such that the cell reverts to normal (If you accept the microbial theory of cancer)

OR

(iii) The shock wave effect forcing a rapid pH shift into the cell

The shock wave of alkalinity allows more oxygen into the cancer cells than they can tolerate.

- Cancer cell is reverted or eliminated before the sugar delivery can raise cancer cell growth (CNS), (through the blood-brain barrier), joints, solid tumors, and perhaps even the eyes, areas which are otherwise difficult to penetrate (Sugar/glucose is a universal requirement of all body cells). Similar to INSULIN Potentiation Therapy (IPT), the maple syrup will make cell membranes and tissues more permeable.

Ahmad HR, Tenebrake JJ. Fast bicarbonate/chloride exchange between plasma and brain extracellular fluid at maintained PCO2. Pflügers Arch. 1982 Dec;395(4):300-5.

- Manipulation of tumor pH with sodium bicarbonate enhances some forms of chemotherapy - also pre-treatment of mice with sodium bicarbonate results in the alkalization of the area around Enhancement of chemotherapy by manipulation of tumour pH. Raghunand N, He X, van Sluis R, Mahoney B, Baggett B, Taylor CW, Paine-Murrieta G, Roe DJ. Enhancement of chemotherapy by manipulation of tumour pH. Raghunand N, He X, van Sluis R, Mahoney B, Baggett B, Taylor CW, Paine-Murrieta G, Roe DJ. Cancer Res. 2009 Mar 15;69(6):2260-8. Epub 2009 Mar 10.
- Oral bicarbonate increases tumor pH and inhibits spontaneous metastases in mice with breast cancer Rohay IF, Baggett BK, Kirkpatrick ND, Roe DJ, Donescu J, Sioasne BF, Hashim AI, Morice DL, Raghunand N, Gatenby RA, Gillies RJ. Bicarbonate increases tumor pH and inhibits spontaneous metastases. Cancer Res. 2009 Mar 15;69(6):2260-8. Epub 2009 Mar 10.
- Sodium bicarbonate therapy is an ideal concurrent treatment with chemotherapy or radiation De Vries J, et al. Sodium bicarbonate therapy is an ideal concurrent treatment with chemotherapy or radiation. Cancer Res. 2009 Mar 15;69(6):2260-8. Epub 2009 Mar 10.
- For greatest effect in cancer (and kidney disease), you should ALWAYS add Magnesium Chloride Therapy - together, the two make a powerful team.

#### Transdermal Magnesium Chloride

#### Side effects of taking sodium bicarbonate

- No common side effects when used in the small doses of this therapy
- Severe side effects can occur when overdosing sodium bicarbonate - mostly as a consequence of diuresis. Seek immediate medical attention if any of the following effects occur:

Rash; hives; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue; black, tarry stools; headache; irritability; muscle rigidity; nausea; vomiting; weakness.

- Laetrile (B17) (Oral)

- Low Dose Naltrexone (LDN) Against Cancer

- MSM/D3

- Ozone Therapy

- Oleander "Soyuz"

- Reduce Estrogen - For estrogen sensitive cancers (F & reproductive)

- Rakh Cellular Solution

- Sulforaphane - Eat Your Broccoli !

- Vitamin C Therapy

#### COMBINATION CANCER PROTOCOLS

For Stage IV/Advanced/Fast-Growing Cancers

- PLASMA/BECK + Protocol

- CESIUM CHLORIDE

- DMSO + Protocol

(3) CONTROL PAIN /

INFLAMMATION

CLOSE THE CANCER DOOR

Close the Cancer Door

#### SPECIFIC CANCERS

Basal Cell Carcinoma

- BCC Treatment Chart

Brain Cancer

Breast Cancer

- Prevent bone metastases

Leukemia

- Leukemia Treatments

Lung Cancer

- Treatments against Lung Cancer

• Nebulizing Sodium

Bicarbonate

• Deal With Estrogen

Dominance in lung cancer

Prostate Cancer

#### CHEMOTHERAPY /

RADIATION

Chemotherapy Success Rates

Baking Soda Protects Kidneys

From Radiotherapy /

Chemotherapy damage

### Italian doctor claims success treating cancer tumors using sodium bicarbonate solution

- Italian oncologist Dr. Tullio Simoncini claims success treating cancer tumors using sodium bicarbonate solution - either *administered directly by injection into a tumor or by selective strong continuous dose with uninterrupted cycles in a destruction work which should last for at least 7-8 days. "In general a mass of 2-3-4 centimeters will begin to consistently regress from the third to the fourth day, and collapses from the fourth to the fifth".*
- However, Dr. Simoncini points out that, "Sodium bicarbonate administered orally, via aerosol or intravenously can achieve positive results only in some tumors, while others - such as the serious ones of the brain or the bones - remain unaffected by the treatment." - His website states that DIY home treatment is possible, if the cancer is limited within the organs (not infiltrated into the confined tissue). E.g. it is successful in the oral cavity, oesophagus/throat, stomach, intestine, rectum. It is also possible in the case of skin cancer like melanoma, but not skin tumors.

*"Over acidification of the body leads to the development of chronic yeast and fungal infections and ultimately cancer."* - Dr. Tullio Simoncini

- Dr. Simoncini believes it is the anti-fungal and NOT the alkalization effect of the bicarbonate that causes cancer cell death - *"The fundamental theory behind this treatment lies in the fact that, despite a number of variable factors, the formation and spreading of tumors is simply the result of the presence of a fungus."* Solid tumor fungal infections are painful, painful, and deadly. Sodium bicarbonate works so quickly against cancer cells, that they do not have time to become resistant.

Here is Dr. Simoncini's website:

Treat cancer with sodium bicarbonate

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